

20/8/2107 Sedbergh Hills Result

| Pos | Bib | First Name | Surname | Club | Cat | Time |
|-----|-----|------------|-------------|-------------------------------|-------|----------|
| 1 | 148 | Garry | Greenhow | Ambleside AC | MOpen | 02:20:44 |
| 2 | 194 | Adam | Perry | Helm Hill | MOpen | 02:22:45 |
| 3 | 184 | Max | Wainwright | Helsby Runners | MOpen | 02:28:19 |
| 4 | 108 | Richard | Pattinson | CVFR | MV50 | 02:28:48 |
| 5 | 188 | Tim | Cowin | Helm Hill | MV40 | 02:29:11 |
| 6 | 195 | Jim | Davies | Borrowdale Fell Runners | MV50 | 02:33:01 |
| 7 | 56 | Phil | Mather | Lonsdale Fell Runners | MOpen | 02:34:33 |
| 8 | 85 | Alistair | Thornton | Loughborough University OC | MU23 | 02:36:03 |
| 9 | 64 | Jon | Morgan | Dark Peak Fell Runners | MV50 | 02:37:15 |
| 10 | 28 | Iain | Embrey | Bowland Fell Runners | MOpen | 02:38:01 |
| 11 | 192 | Paul | Neild | Bowland Fell Runners | MV40 | 02:38:15 |
| 12 | 116 | Darren | Fishwick | Chorley AC | MV40 | 02:39:11 |
| 13 | 177 | Roger | Sillito | Northumberland FR | MOpen | 02:40:15 |
| 14 | 125 | Bart | Shaw | Totley AC | MOpen | 02:41:45 |
| 15 | 141 | Mark | Chippendale | Bowland Fell Runners | MV40 | 02:41:58 |
| 16 | 34 | Dan | Gilbert | Horwich Rmi Harriers | MV40 | 02:43:03 |
| 17 | 169 | Quentin | Harding | Bowland Fell Runners | MV50 | 02:43:13 |
| 18 | 61 | Jonathan | Melia | Rossendale Harriers | MV40 | 02:43:19 |
| 19 | 65 | Simon | Mounsey | Howgill Harriers | MV40 | 02:43:40 |
| 20 | 35 | Zoe | Harding | Edinburgh Uni Hare and Hounds | FU23 | 02:43:48 |
| 21 | 153 | Dave | Lund | Dark Peak Fell Runners | MOpen | 02:45:43 |
| 22 | 120 | Martin | Perry | Esk valley Fell Club | MOpen | 02:45:46 |
| 23 | 160 | James | Edwards | Lonsdale Fell Runners | MV40 | 02:48:35 |
| 24 | 180 | Rob | Crawford | Howgill Harriers | MV40 | 02:48:43 |
| 25 | 113 | Philip | Pearson | Northern FRC | MV50 | 02:49:11 |
| 26 | 16 | Tim | Campbell | Astley & Tyldesley RR | MV40 | 02:50:06 |
| 27 | 174 | Tim | Jackson | Settle Harriers | MV40 | 02:50:18 |
| 28 | 172 | Carl | Hanaghan | Macclesfield Harriers and AC | MOpen | 02:50:41 |
| 29 | 178 | Matthew | Briggs | NFR | MU23 | 02:50:43 |
| 30 | 186 | Peter | German | Helm Hill | MOpen | 02:51:49 |
| 31 | 3 | Lyndon | Ashley | Esk Valley Fell Club | MV40 | 02:52:23 |
| 32 | 95 | Philip | Withnall | Lonsdale Fell Runners | MOpen | 02:52:42 |
| 33 | 25 | John | Duff | NFR | MV40 | 02:52:56 |
| 34 | 164 | Jim | Turner | Bowland Fell Runners | MOpen | 02:53:17 |
| 35 | 185 | James | Leigh Baron | Helm Hill | MV40 | 02:53:33 |
| 36 | 142 | Leigh | Warburton | Bowland Fell Runners | MV50 | 02:54:01 |
| 37 | 22 | Jules | Coleman | Lonsdale Fell Runners | MV50 | 02:54:14 |
| 38 | 127 | Steve | Turland | Ilkley Harriers | MV40 | 02:54:28 |
| 39 | 163 | Jon | Tinman | Rossendale Harriers AC | MV50 | 02:55:18 |
| 40 | 109 | Nathan | Crossley | Horsforth Harriers | MV50 | 02:58:24 |
| 41 | 193 | Will | Buckton | Settle Harriers | MOpen | 02:59:24 |
| 42 | 58 | David | McChesney | None | MOpen | 03:01:16 |
| 43 | 97 | Douglas | Zinis | Calder Valley FR | MOpen | 03:02:00 |
| 44 | 26 | Helen | Elmore | Dark Peak Fell Runners | FV40 | 03:02:18 |
| 45 | 167 | David | Ward | Rossendale Harriers AC | MV40 | 03:02:26 |
| 46 | 52 | Martin | Lyne | Keswick AC | MOpen | 03:02:59 |
| 47 | 44 | John | Tullie | Teviotdale Harriers | MV60 | 03:03:53 |
| 48 | 37 | Jonathan | Heaney | North Shields Poly Club | MV40 | 03:04:09 |
| 49 | 191 | Ronnie | Turner | Rossendale Harriers AC | MV50 | 03:05:20 |

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|-----|-----|------------|---------------|-----------------------------|-------|----------|
| 50 | 92 | Max | Wilkinson | Durham Fell Runners | MOpen | 03:07:12 |
| 51 | 75 | Aidan | Raftery | Sale Harriers | MV50 | 03:07:22 |
| 52 | 81 | Lorraine | Slater | Barlick Fell Runners | FV40 | 03:08:01 |
| 53 | 171 | Ross | Jenkin | Howgill Harriers | MOpen | 03:08:39 |
| 54 | 72 | Andy | Phelps | Lonsdale Fell Runners | MOpen | 03:08:59 |
| 55 | 176 | Jane | Reedy | Ambleside AC | FV40 | 03:09:15 |
| 56 | 112 | Tom | Pape | Dark Peak Fell Runners | MV40 | 03:09:18 |
| 57 | 175 | Kerry | Cornforth | Borrowdale Fell Runners | FV40 | 03:09:25 |
| 58 | 39 | Paul | Hodgson | Durham Fell Runners | MV40 | 03:09:28 |
| 59 | 42 | Jamie | Hutchinson | Ilkley Harriers | MV40 | 03:10:56 |
| 60 | 20 | Gareth | Clarke | Calder Valley FR | MV40 | 03:11:31 |
| 61 | 187 | Carlos | Bedson | Cheshire Hill Racers | MV40 | 03:13:31 |
| 62 | 86 | Richard | Timms | Settle Harriers | MV40 | 03:14:17 |
| 63 | 144 | Crispin | Halsall | Bowland Fell Runners | MV40 | 03:14:26 |
| 64 | 36 | Steve | Haswell | NFR | MV50 | 03:14:29 |
| 65 | 155 | Brian | Horn | Borrowdale Fell Runners | MV60 | 03:14:45 |
| 66 | 38 | Ben | Heathcote | NFR | MOpen | 03:14:47 |
| 67 | 162 | Allan | Miller | Kendal AC | MV50 | 03:14:51 |
| 68 | 91 | Josh | Westwood | Settle Harriers | MOpen | 03:14:59 |
| 69 | 10 | John | Boothman | Barlick Fell Runners | MV50 | 03:16:01 |
| 70 | 77 | Karen | Robertson | NFR | FV40 | 03:16:22 |
| 71 | 122 | Joanna | Smith | NFR | FOpen | 03:16:23 |
| 72 | 29 | Neal | Emmerson | Radcliffe AC | MOpen | 03:16:48 |
| 73 | 101 | Keith | G Holmes | Dark Peak Fell Runners | MV60 | 03:17:06 |
| 74 | 5 | Jim | Bacon | Lonsdale Fell Runners | MV50 | 03:17:34 |
| 75 | 126 | Mick | Procter | UA | MV50 | 03:17:38 |
| 76 | 14 | Penny | Browell | None | FV40 | 03:18:39 |
| 77 | 117 | Mark | Ellithorn | Chorley AC | MV50 | 03:19:43 |
| 78 | 111 | Bill | Beckett | Chorley AC | MV50 | 03:19:54 |
| 79 | 11 | Glen | Borrell | Dark Peak Fell Runners | MV40 | 03:21:38 |
| 80 | 110 | Norman | Hayhurst | UA | MV50 | 03:21:38 |
| 81 | 87 | John | Tollitt | NFR | MV50 | 03:22:06 |
| 82 | 66 | Steven | O'Keeffe | Northern Fells Running Club | MV40 | 03:23:29 |
| 83 | 74 | Martyn | Pollitt | Burnden Road Runners | MV50 | 03:23:37 |
| 84 | 12 | Gary | Bradley | Barlick Fell Runners | MV50 | 03:23:55 |
| 85 | 99 | Paul | Colley-Davies | Croft Ambrey | MV50 | 03:24:08 |
| 86 | 51 | Fiona | Lynch | Radcliffe AC | FV40 | 03:25:14 |
| 87 | 90 | Robert | Webb | Lonsdale Fell Runners | MOpen | 03:27:56 |
| 88 | 54 | Richard | Mackey | Saddleworth Runners | MOpen | 03:28:15 |
| 89 | 189 | Lucie | Todhunter | UA | FOpen | 03:28:37 |
| 90 | 190 | James | Todhunter | Helm Hill | MOpen | 03:28:37 |
| 91 | 106 | Marie | Robson | Helm Hill | FV40 | 03:29:02 |
| 92 | 105 | Jo | Wilcox | Helm Hill | FV50 | 03:29:02 |
| 93 | 107 | Trevor | Symonds | Northern Fells RC | MV60 | 03:29:32 |
| 94 | 124 | Colin | Valentine | Keswick AC | MV50 | 03:29:40 |
| 95 | 118 | Wilfrid | Bell | Howgill Harriers | MV60 | 03:29:48 |
| 96 | 60 | Alice | McLean | Saddleworth Runners | FV40 | 03:30:21 |
| 97 | 82 | Martin | Smillie | FRA | MV60 | 03:30:47 |
| 98 | 69 | Chris | Paxton | Radcliffe AC | MOpen | 03:31:41 |

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| Pos | Bib | First Name | Surname | Club | Cat | Time |
|-----|-----|------------|---------------|-----------------------------|-------|----------|
| 99 | 94 | Matthew | Wilson | Jackpot Racing | MOpen | 03:31:51 |
| 100 | 170 | Simon | Gora | Garstang RC | MOpen | 03:31:55 |
| 101 | 168 | Robin | Warden | Abbey Runners | MV40 | 03:32:19 |
| 102 | 132 | David | White | Helm Hill | MV40 | 03:33:40 |
| 103 | 131 | Kathleen | Aubrey | Helm Hill | FV50 | 03:33:40 |
| 104 | 123 | Peter W | Jackson | Barlick FR | MV60 | 03:33:59 |
| 105 | 83 | Toby | Sydes | Calder Valley FR | MV40 | 03:34:26 |
| 106 | 161 | Ray | Maynard | Sunderland Strollers | MV60 | 03:35:16 |
| 107 | 67 | Tim | Parker | Esk Valley Fell Club | MV40 | 03:39:21 |
| 108 | 33 | Sandrine | Fraisse | None | FV40 | 03:40:47 |
| 109 | 15 | Rowena | Browne | Bowland Fell Runners | FV50 | 03:41:21 |
| 110 | 130 | David | McKenna | Darlington Harriers | MV40 | 03:41:44 |
| 111 | 50 | Simon | Long | Saltwell | MV40 | 03:42:14 |
| 112 | 31 | Peter | Foulds | Darlington Harriers & AC | MOpen | 03:42:34 |
| 113 | 129 | Paul | Lowe | Darlington Harriers | MOpen | 03:42:37 |
| 114 | 89 | Ian | Warrington | Radcliffe AC | MOpen | 03:42:41 |
| 115 | 154 | Edwin | Sherstone | Southport Waterloo AC | MV50 | 03:43:14 |
| 116 | 158 | Paul | Swyers | Radcliffe AC | MV50 | 03:43:18 |
| 117 | 135 | Neil | Brock | Royston Road Runners | MV50 | 03:43:26 |
| 118 | 159 | David P | Rushton | Radcliffe AC | MV50 | 03:43:39 |
| 119 | 2 | David | Ailano | NFR | MV50 | 03:43:54 |
| 120 | 9 | Henrietta | Bolton Carter | NFR | FV50 | 03:44:03 |
| 121 | 96 | Barry | Young | North Shields Poly Club | MV50 | 03:44:47 |
| 122 | 179 | Jane | Briggs | NFR | FV40 | 03:44:47 |
| 123 | 119 | Mathew | Driscoll | York Acorn | MV40 | 03:44:59 |
| 124 | 88 | Denise | Tunstall | Durham Fell Runners | FV50 | 03:46:18 |
| 125 | 102 | Malcolm | Slator | UA | MV50 | 03:47:54 |
| 126 | 181 | Francesco | Zovi | UA | MOpen | 03:48:08 |
| 127 | 143 | Brendan | Loughrey | Astley & Tyldesley RR | MV50 | 03:48:39 |
| 128 | 47 | Michael | Kontowtt | Radcliffe AC | MV50 | 03:48:57 |
| 129 | 46 | Isaline | Kneale | Burnden Road Runners | FV50 | 03:49:30 |
| 130 | 55 | Gary | Mason | NFR | MV40 | 03:49:37 |
| 131 | 146 | Paul | Challender | Pensby Road Runners | MOpen | 03:50:50 |
| 132 | 71 | Katie | Percival | Radcliffe AC | FOpen | 03:51:01 |
| 133 | 152 | Hannah | Thom | Keighley & Craven AC | FU23 | 03:51:23 |
| 134 | 78 | Jenny | Russell | Northern Fells Running Club | FV40 | 03:52:12 |
| 135 | 149 | Kate | Uldley | Lonsdale Fell Runners | FOpen | 03:52:39 |
| 136 | 41 | Chris | Horsfall | Handsworth Roadhogs | MV60 | 03:52:54 |
| 137 | 4 | Lewis | Ashton | Dark Peak Fell Runners | MV40 | 03:53:17 |
| 138 | 24 | Eddie | Dealtry | Kendal AC | MV60 | 03:53:49 |
| 139 | 30 | Gareth | Evans | Saddleworth Runners | MOpen | 03:54:08 |
| 140 | 134 | Philip | Spencer-Grey | Astley & Tyldesley RR | MOpen | 03:54:31 |
| 141 | 114 | Andrew | Templeman | UA | MV40 | 03:54:42 |
| 142 | 173 | Harry | Ransome | NFR | MV50 | 03:54:49 |
| 143 | 147 | David | Green | Pensby Road Runners | MOpen | 03:55:27 |
| 144 | 57 | Trevor | Matty | Dark Peak Fell Runners | MV50 | 03:56:15 |
| 145 | 133 | Jason | Keast | Royston Road Runners | MV40 | 03:56:17 |
| 146 | 140 | Andrew | Duncan | NFR | MV60 | 03:57:56 |
| 147 | 183 | John | Leech | Dallam RC | MV50 | 04:00:21 |

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|-----|-----|------------|-----------|----------------------------|-------|----------|
| 148 | 182 | Steve | Jeffs | Dallam RC | MV50 | 04:00:24 |
| 149 | 115 | Andy | Thornham | UA | MOpen | 04:05:55 |
| 150 | 151 | Tim | Thom | Keighley & Craven AC | MV50 | 04:07:44 |
| 151 | 49 | Kristian | Lee | Radcliffe AC | MV40 | 04:07:49 |
| 152 | 48 | Mark | Latham | NFR | MV50 | 04:07:53 |
| 153 | 145 | Sam | Gibbs | Helm Hill | MV40 | 04:08:56 |
| 154 | 150 | Nigel | Crompton | Pensby Road Runners | MV50 | 04:14:25 |
| 155 | 136 | Graham | Garney | Darlington Harriers | MV40 | 04:14:51 |
| 156 | 98 | Charlie | Barlow | Saddleworth Runners | MV60 | 04:14:56 |
| 157 | 137 | Paul James | Keedy | Darlington Harriers | MV40 | 04:15:11 |
| 158 | 76 | Kimberley | Reeve | Darlington Harriers & AC | FV40 | 04:17:30 |
| 159 | 8 | Monica | Boland | Saddleworth Runners | FV40 | 04:19:54 |
| 160 | 104 | Carole | Critchley | Holcombe Harriers | FV50 | 04:20:03 |
| 161 | 165 | Paul | Sharples | Bingley Harriers & AC | MV60 | 04:23:13 |
| 162 | 166 | Rachael | Sharples | Bingley Harriers & AC | FV50 | 04:23:16 |
| 163 | 128 | Sarah | Tomlinson | Darlington Harriers | FV40 | 04:23:37 |
| 164 | 27 | Neil | Embleton | Darlington Harriers & AC | MV40 | 04:23:39 |
| 165 | 13 | Michael | Brookoe | None | MV60 | 04:24:41 |
| 166 | 100 | Gary | Boyd | UA | MV50 | 04:30:26 |
| 167 | 138 | Chris | Binns | Darlington Harriers | MV50 | 04:47:05 |
| 168 | 1 | Tom | Addison | Darlington Harriers & AC | MOpen | 04:51:15 |
| 169 | 73 | Lawrence | Pinnell | Horwich Rmi Harriers | MV50 | 05:00:30 |
| - | 93 | Leah | Williams | Loughborough University OC | FU23 | DNF |
| - | 121 | Mark | Estienne | York Acorn | MV40 | DNF |
| - | 157 | Caroline | Mullineax | Radcliffe AC | FV40 | DNF |
| - | 18 | Lisa | Carter | Radcliffe AC | FV40 | DNF |
| - | 103 | George | Critchley | Holcombe Harriers | MV60 | DNF |
| - | 156 | Sinead | Hayes | Radcliffe AC | FOpen | DNF |
| - | 139 | David | Aiken | Darlington Harriers | MOpen | DNF |
| - | 70 | Graham | Pearson | Derwent Valley TR | MV40 | DNF |
| - | 62 | Dawn | Metcalfe | Derwent Valley TR | FV40 | DNF |