

20/8/2107 Sedbergh Hills Result

Pos	Bib	First Name	Surname	Club	Cat	Time
1	148	Garry	Greenhow	Ambleside AC	MOpen	02:20:44
2	194	Adam	Perry	Helm Hill	MOpen	02:22:45
3	184	Max	Wainwright	Helsby Runners	MOpen	02:28:19
4	108	Richard	Pattinson	CVFR	MV50	02:28:48
5	188	Tim	Cowin	Helm Hill	MV40	02:29:11
6	195	Jim	Davies	Borrowdale Fell Runners	MV50	02:33:01
7	56	Phil	Mather	Lonsdale Fell Runners	MOpen	02:34:33
8	85	Alistair	Thornton	Loughborough University OC	MU23	02:36:03
9	64	Jon	Morgan	Dark Peak Fell Runners	MV50	02:37:15
10	28	Iain	Embrey	Bowland Fell Runners	MOpen	02:38:01
11	192	Paul	Neild	Bowland Fell Runners	MV40	02:38:15
12	116	Darren	Fishwick	Chorley AC	MV40	02:39:11
13	177	Roger	Sillito	Northumberland FR	MOpen	02:40:15
14	125	Bart	Shaw	Totley AC	MOpen	02:41:45
15	141	Mark	Chippendale	Bowland Fell Runners	MV40	02:41:58
16	34	Dan	Gilbert	Horwich Rmi Harriers	MV40	02:43:03
17	169	Quentin	Harding	Bowland Fell Runners	MV50	02:43:13
18	61	Jonathan	Melia	Rosendale Harriers	MV40	02:43:19
19	65	Simon	Mounsey	Howgill Harriers	MV40	02:43:40
20	35	Zoe	Harding	Edinburgh Uni Hare and Hounds	FU23	02:43:48
21	153	Dave	Lund	Dark Peak Fell Runners	MOpen	02:45:43
22	120	Martin	Perry	Esk valley Fell Club	MOpen	02:45:46
23	160	James	Edwards	Lonsdale Fell Runners	MV40	02:48:35
24	180	Rob	Crawford	Howgill Harriers	MV40	02:48:43
25	113	Philip	Pearson	Northern FRC	MV50	02:49:11
26	16	Tim	Campbell	Astley & Tyldesley RR	MV40	02:50:06
27	174	Tim	Jackson	Settle Harriers	MV40	02:50:18
28	172	Carl	Hanaghan	Macclesfield Harriers and AC	MOpen	02:50:41
29	178	Matthew	Briggs	NFR	MU23	02:50:43
30	186	Peter	German	Helm Hill	MOpen	02:51:49
31	3	Lyndon	Ashley	Esk Valley Fell Club	MV40	02:52:23
32	95	Philip	Withnall	Lonsdale Fell Runners	MOpen	02:52:42
33	25	John	Duff	NFR	MV40	02:52:56
34	164	Jim	Turner	Bowland Fell Runners	MOpen	02:53:17
35	185	James	Leigh Baron	Helm Hill	MV40	02:53:33
36	142	Leigh	Warburton	Bowland Fell Runners	MV50	02:54:01
37	22	Jules	Coleman	Lonsdale Fell Runners	MV50	02:54:14
38	127	Steve	Turland	Ilkley Harriers	MV40	02:54:28
39	163	Jon	Tinman	Rosendale Harriers AC	MV50	02:55:18
40	109	Nathan	Crossley	Horsforth Harriers	MV50	02:58:24
41	193	Will	Buckton	Settle Harriers	MOpen	02:59:24
42	58	David	McChesney	None	MOpen	03:01:16
43	97	Douglas	Zinis	Calder Valley FR	MOpen	03:02:00
44	26	Helen	Elmore	Dark Peak Fell Runners	FV40	03:02:18
45	167	David	Ward	Rosendale Harriers AC	MV40	03:02:26
46	52	Martin	Lyne	Keswick AC	MOpen	03:02:59
47	44	John	Tullie	Teviotdale Harriers	MV60	03:03:53
48	37	Jonathan	Heaney	North Shields Poly Club	MV40	03:04:09
49	191	Ronnie	Turner	Rosendale Harriers AC	MV50	03:05:20

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Pos	Bib	First Name	Surname	Club	Cat	Time
50	92	Max	Wilkinson	Durham Fell Runners	MOpen	03:07:12
51	75	Aidan	Raftery	Sale Harriers	MV50	03:07:22
52	81	Lorraine	Slater	Barlick Fell Runners	FV40	03:08:01
53	171	Ross	Jenkin	Howgill Harriers	MOpen	03:08:39
54	72	Andy	Phelps	Lonsdale Fell Runners	MOpen	03:08:59
55	176	Jane	Reedy	Ambleside AC	FV40	03:09:15
56	112	Tom	Pape	Dark Peak Fell Runners	MV40	03:09:18
57	175	Kerry	Cornforth	Borrowdale Fell Runners	FV40	03:09:25
58	39	Paul	Hodgson	Durham Fell Runners	MV40	03:09:28
59	42	Jamie	Hutchinson	Ilkley Harriers	MV40	03:10:56
60	20	Gareth	Clarke	Calder Valley FR	MV40	03:11:31
61	187	Carlos	Bedson	Cheshire Hill Racers	MV40	03:13:31
62	86	Richard	Timms	Settle Harriers	MV40	03:14:17
63	144	Crispin	Halsall	Bowland Fell Runners	MV40	03:14:26
64	36	Steve	Haswell	NFR	MV50	03:14:29
65	155	Brian	Horn	Borrowdale Fell Runners	MV60	03:14:45
66	38	Ben	Heathcote	NFR	MOpen	03:14:47
67	162	Allan	Miller	Kendal AC	MV50	03:14:51
68	91	Josh	Westwood	Settle Harriers	MOpen	03:14:59
69	10	John	Boothman	Barlick Fell Runners	MV50	03:16:01
70	77	Karen	Robertson	NFR	FV40	03:16:22
71	122	Joanna	Smith	NFR	FOpen	03:16:23
72	29	Neal	Emmerson	Radcliffe AC	MOpen	03:16:48
73	101	Keith	G Holmes	Dark Peak Fell Runners	MV60	03:17:06
74	5	Jim	Bacon	Lonsdale Fell Runners	MV50	03:17:34
75	126	Mick	Procter	UA	MV50	03:17:38
76	14	Penny	Browell	None	FV40	03:18:39
77	117	Mark	Ellithorn	Chorley AC	MV50	03:19:43
78	111	Bill	Beckett	Chorley AC	MV50	03:19:54
79	11	Glen	Borrell	Dark Peak Fell Runners	MV40	03:21:38
80	110	Norman	Hayhurst	UA	MV50	03:21:38
81	87	John	Tollitt	NFR	MV50	03:22:06
82	66	Steven	O'Keeffe	Northern Fells Running Club	MV40	03:23:29
83	74	Martyn	Pollitt	Burnden Road Runners	MV50	03:23:37
84	12	Gary	Bradley	Barlick Fell Runners	MV50	03:23:55
85	99	Paul	Colley-Davies	Croft Ambrey	MV50	03:24:08
86	51	Fiona	Lynch	Radcliffe AC	FV40	03:25:14
87	90	Robert	Webb	Lonsdale Fell Runners	MOpen	03:27:56
88	54	Richard	Mackey	Saddleworth Runners	MOpen	03:28:15
89	189	Lucie	Todhunter	UA	FOpen	03:28:37
90	190	James	Todhunter	Helm Hill	MOpen	03:28:37
91	106	Marie	Robson	Helm Hill	FV40	03:29:02
92	105	Jo	Wilcox	Helm Hill	FV50	03:29:02
93	107	Trevor	Symonds	Northern Fells RC	MV60	03:29:32
94	124	Colin	Valentine	Keswick AC	MV50	03:29:40
95	118	Wilfrid	Bell	Howgill Harriers	MV60	03:29:48
96	60	Alice	McLean	Saddleworth Runners	FV40	03:30:21
97	82	Martin	Smillie	FRA	MV60	03:30:47
98	69	Chris	Paxton	Radcliffe AC	MOpen	03:31:41

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Pos	Bib	First Name	Surname	Club	Cat	Time
99	94	Matthew	Wilson	Jackpot Racing	MOpen	03:31:51
100	170	Simon	Gora	Garstang RC	MOpen	03:31:55
101	168	Robin	Warden	Abbey Runners	MV40	03:32:19
102	132	David	White	Helm Hill	MV40	03:33:40
103	131	Kathleen	Aubrey	Helm Hill	FV50	03:33:40
104	123	Peter W	Jackson	Barlick FR	MV60	03:33:59
105	83	Toby	Sydes	Calder Valley FR	MV40	03:34:26
106	161	Ray	Maynard	Sunderland Strollers	MV60	03:35:16
107	67	Tim	Parker	Esk Valley Fell Club	MV40	03:39:21
108	33	Sandrine	Fraisse	None	FV40	03:40:47
109	15	Rowena	Browne	Bowland Fell Runners	FV50	03:41:21
110	130	David	McKenna	Darlington Harriers	MV40	03:41:44
111	50	Simon	Long	Saltwell	MV40	03:42:14
112	31	Peter	Foulds	Darlington Harriers & AC	MOpen	03:42:34
113	129	Paul	Lowe	Darlington Harriers	MOpen	03:42:37
114	89	Ian	Warrington	Radcliffe AC	MOpen	03:42:41
115	154	Edwin	Sherstone	Southport Waterloo AC	MV50	03:43:14
116	158	Paul	Swyers	Radcliffe AC	MV50	03:43:18
117	135	Neil	Brock	Royston Road Runners	MV50	03:43:26
118	159	David P	Rushton	Radcliffe AC	MV50	03:43:39
119	2	David	Ailano	NFR	MV50	03:43:54
120	9	Henrietta	Bolton Carter	NFR	FV50	03:44:03
121	96	Barry	Young	North Shields Poly Club	MV50	03:44:47
122	179	Jane	Briggs	NFR	FV40	03:44:47
123	119	Mathew	Driscoll	York Acorn	MV40	03:44:59
124	88	Denise	Tunstall	Durham Fell Runners	FV50	03:46:18
125	102	Malcolm	Slator	UA	MV50	03:47:54
126	181	Francesco	Zovi	UA	MOpen	03:48:08
127	143	Brendan	Loughrey	Astley & Tyldesley RR	MV50	03:48:39
128	47	Michael	Kontowtt	Radcliffe AC	MV50	03:48:57
129	46	Isaline	Kneale	Burnden Road Runners	FV50	03:49:30
130	55	Gary	Mason	NFR	MV40	03:49:37
131	146	Paul	Challender	Pensby Road Runners	MOpen	03:50:50
132	71	Katie	Percival	Radcliffe AC	FOpen	03:51:01
133	152	Hannah	Thom	Keighley & Craven AC	FU23	03:51:23
134	78	Jenny	Russell	Northern Fells Running Club	FV40	03:52:12
135	149	Kate	Uldley	Lonsdale Fell Runners	FOpen	03:52:39
136	41	Chris	Horsfall	Handsworth Roadhogs	MV60	03:52:54
137	4	Lewis	Ashton	Dark Peak Fell Runners	MV40	03:53:17
138	24	Eddie	Dealtry	Kendal AC	MV60	03:53:49
139	30	Gareth	Evans	Saddleworth Runners	MOpen	03:54:08
140	134	Philip	Spencer-Grey	Astley & Tyldesley RR	MOpen	03:54:31
141	114	Andrew	Templeman	UA	MV40	03:54:42
142	173	Harry	Ransome	NFR	MV50	03:54:49
143	147	David	Green	Pensby Road Runners	MOpen	03:55:27
144	57	Trevor	Matty	Dark Peak Fell Runners	MV50	03:56:15
145	133	Jason	Keast	Royston Road Runners	MV40	03:56:17
146	140	Andrew	Duncan	NFR	MV60	03:57:56
147	183	John	Leech	Dallam RC	MV50	04:00:21

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148	182	Steve	Jeffs	Dallam RC	MV50	04:00:24
149	115	Andy	Thornham	UA	MOpen	04:05:55
150	151	Tim	Thom	Keighley & Craven AC	MV50	04:07:44
151	49	Kristian	Lee	Radcliffe AC	MV40	04:07:49
152	48	Mark	Latham	NFR	MV50	04:07:53
153	145	Sam	Gibbs	Helm Hill	MV40	04:08:56
154	150	Nigel	Crompton	Pensby Road Runners	MV50	04:14:25
155	136	Graham	Garney	Darlington Harriers	MV40	04:14:51
156	98	Charlie	Barlow	Saddleworth Runners	MV60	04:14:56
157	137	Paul James	Keedy	Darlington Harriers	MV40	04:15:11
158	76	Kimberley	Reeve	Darlington Harriers & AC	FV40	04:17:30
159	8	Monica	Boland	Saddleworth Runners	FV40	04:19:54
160	104	Carole	Critchley	Holcombe Harriers	FV50	04:20:03
161	165	Paul	Sharples	Bingley Harriers & AC	MV60	04:23:13
162	166	Rachael	Sharples	Bingley Harriers & AC	FV50	04:23:16
163	128	Sarah	Tomlinson	Darlington Harriers	FV40	04:23:37
164	27	Neil	Embleton	Darlington Harriers & AC	MV40	04:23:39
165	13	Michael	Brookoe	None	MV60	04:24:41
166	100	Gary	Boyd	UA	MV50	04:30:26
167	138	Chris	Binns	Darlington Harriers	MV50	04:47:05
168	1	Tom	Addison	Darlington Harriers & AC	MOpen	04:51:15
169	73	Lawrence	Pinnell	Horwich Rmi Harriers	MV50	05:00:30
-	93	Leah	Williams	Loughborough University OC	FU23	DNF
-	121	Mark	Estienne	York Acorn	MV40	DNF
-	157	Caroline	Mullineax	Radcliffe AC	FV40	DNF
-	18	Lisa	Carter	Radcliffe AC	FV40	DNF
-	103	George	Critchley	Holcombe Harriers	MV60	DNF
-	156	Sinead	Hayes	Radcliffe AC	FOpen	DNF
-	139	David	Aiken	Darlington Harriers	MOpen	DNF
-	70	Graham	Pearson	Derwent Valley TR	MV40	DNF
-	62	Dawn	Metcalfe	Derwent Valley TR	FV40	DNF